

**COMMON CONDITIONS TREATED
WITHOUT SURGERY**

Regenexx[®]
*The Trusted Alternative
to Orthopedic Surgery*



COMMON CONDITIONS TREATED WITHOUT SURGERY

Hip

- Mild to Moderate Osteoarthritis
- Bursitis
- Tendinopathy
- Tendon Tears
- Labral / Labrum Tears
- Avascular Necrosis
- Osteonecrosis

Foot and Ankle

- Ankle Osteoarthritis
- Ankle Instability
- Tendon Tears
- Peroneal Tendon Tear or Split
- Ankle Ligament Sprain or Tear
- Subtalar Osteoarthritis or Instability
- Tarsal Tunnel Syndrome
- Plantar Fasciitis
- Bunions

Knee

- Osteoarthritis
- Meniscus Tears
- ACL, MCL, PCL, or LCL Sprain or Tear
- Knee Instability
- Patellofemoral Syndrome/Chondromalacia
- Pes Anserine Bursitis
- Baker's Cyst
- Patellar Tendonitis
- Biceps Femoris Insertional Tendinopathy
- Hamstrings Tendinopathy



This list of commonly treated joints, conditions, and injuries is provided as a general reference. The only way to know if a specific musculoskeletal condition or injury may be treated is to be evaluated by a physician in the licensed Regenexx network.

COMMON CONDITIONS TREATED WITHOUT SURGERY

Hand and Wrist

- Hand and Finger Osteoarthritis
- Basal Joint Arthritis
- CMC / Carpometacarpal Osteoarthritis
- Instability
- TFCC tear
- Carpal Tunnel Syndrome
- Trigger Finger

Elbow

- Elbow Osteoarthritis
- Instability
- Lateral Epicondylitis – Also known as Tennis Elbow
- Medial Epicondylitis – Also known as Golfer's Elbow
- Nerve Entrapment (ulnar nerve)

Shoulder

- Osteoarthritis of the Shoulder Joint
- Thoracic Outlet Syndrome
- Labral Tears or Degeneration
- Rotator Cuff Tears
- Rotator Cuff Tendonitis
- Rotator Cuff Tendinosis
- AC Joint Separation
- Recurrent Shoulder Dislocations



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COMMON CONDITIONS TREATED WITHOUT SURGERY

Spine - Cervical, Thoracic, Lumbar

- Annular Tear
- Osteoarthritis of the Spine
- Back Pain
- Bone Spurs
- Bulging Disc
- Canal Stenosis
- Collapsed Disc
- Degenerative Disc Disease
- Degenerative Spine Conditions
- Disc Extrusion / Protrusion
- Facet Joint Syndrome
- Failed Back Surgery Syndrome
- Adjacent Segment Disease (ASD)
- Foraminal Stenosis
- Herniated Disc
- Herniated Nucleus Pulposus (HNP)
- Neck Pain
- Nerve Pain / Pinched Nerves

- Radiculitis
- Radiating Nerve Pain
- Ruptured Disc
- Sciatica
- SI Joint Syndrome
- Slipped Disc
- Spinal Stenosis
- Spondylosis
- Torn Disc
- Radiculopathy

Other Conditions

- TMJ Syndrome
- Non-Union Fractures
- Osteonecrosis
- Avascular Necrosis



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CONTACT INFORMATION

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