



KEY TAKEAWAYS

- ➔ Physical therapy (PT) can be an important first step in helping some people manage their musculoskeletal (MSK) issues.
- ➔ However, PT is not a comprehensive solution and it doesn't work for everyone.
- ➔ In the MSK Continuum of Care, **procedures using Regenexx injectates can serve as a bridge between PT and surgery** if PT isn't enough.¹

Regenexx[®] at Work

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2-MINUTE READ

Why Physical Therapy Isn't a Cure-All

One question we frequently hear brokers ask is “*Won't an app with virtual PT serve as a one-stop shop for MSK care?*”

Whether in-person or virtual, **PT can certainly be an important first step** in helping *some* people manage their MSK issues.^{1,2} (That's why physicians within the licensed Regenexx network provide PT referrals if needed.)

However, **PT is just one point** on what can be a lengthy MSK care journey.^{1,2} **It's not a cure-all for MSK issues** for a variety of reasons, including^{1,3-7}:

- Weak tendons or **unstable joints** may make it difficult for people to benefit from PT exercises
- If PT fails, people can be fast-tracked into prematurely or unnecessarily receiving **invasive, risky⁸, or high-cost/low-value surgeries⁹**

The good news? **There is another way.** To provide modern MSK care, it's important to follow a **truly comprehensive model⁹**: the **MSK Continuum of Care.¹**

Building a health plan based on this model allows for consideration of **each person's unique needs.** These inevitably **change with age.^{1,10}**



In the MSK Continuum of Care, **procedures using Regenexx injectates can serve as a bridge between PT and surgery** if PT isn't enough.¹

As part of this continuum, Regenexx ensures that candidacy requirements (like prior conservative care) are met prior to approval for Regenexx protocol.

Using precisely guided injections of the patient's own cells, the **Regenexx protocol can reduce the need for up to two-thirds of elective orthopedic surgeries.**¹¹

Compared to surgery, Regenexx provider patients often report¹²:

- ✓ Having less downtime
- ✓ Returning to activities faster
- ✓ Experiencing less pain after their procedure

In-person or virtual PT is *not* a comprehensive MSK solution.

To be truly comprehensive, MSK treatments need to live on a continuum of care.

MSK CONTINUUM OF CARE^a

Conservative Care

The Regenexx[®] Approach

Surgery^b

If needed

If needed

[Learn More](#)

^aEach patient's eligibility for each treatment in the continuum would need to be determined by their physician on a case-by-case basis.

^bHaving a direct contract with a surgical center of excellence can help to round out the continuum.



What is the
Regenexx[®]
Corporate Program?

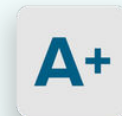
The Regenexx Corporate Program provides **MSK cost savings for self-funded employers**. According to a Validation Institute cost-savings analysis, **procedures using Regenexx injectates were ~50% less expensive than the surgery avoided.**¹¹

The program continues to see traction among employers, brokers, and third-party administrators who have chosen to partner with us. The Regenexx benefit is no cost to add and simple to include in any self-funded healthcare plan.

Learn how adding the Regenexx benefit can **reduce costs by up to 70%** on individual surgeries while offering members a new option in care.¹³

**Contact a Regenexx Corporate
Program Sales Representative**

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Cost avoidance estimates for individual groups are not reflective of the potential cost avoidance estimates for another group. Any estimate of cost avoidance for a group is specific to their employee population. To understand how your company's surgical experience may relate to the Regenexx approach, you can request a [Regenexx Corporate Program Impact Study](#).

Cost savings estimates: Physicians within the licensed Regenexx network indicate the surgical procedure for which Regenexx provider patients are a candidate. The Regenexx Corporate Program then measures the actual cost of the procedure using Regenexx lab processes against the cost of the surgical alternative. While the Regenexx Corporate Program does post service reviews and assess a percentage of Regenexx provider patients, not all these cases have been verified by a third party. Fair cost estimates based on Denver, CO ZIP code. In some cases, a generic "arthroscopy" cost estimate had to be used when a detailed condition-specific estimate was unavailable.

Like all medical interventions, procedures using Regenexx lab processes have a success and failure rate. Regenexx provider patient reviews and testimonials in this email should not be interpreted as a statement on the effectiveness of regenerative therapy for anyone else. Industry professional reviews and testimonials reflect the experience of that entity with the Regenexx Corporate Program. To discuss what a partnership with Regenexx could look like for your company or client, [contact our team](#).

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